

INSTRUCTORS & FACULTY



Bilal Philips
Jamaica
PhD
Chancellor



Mufutau Oyedapo Raufu
Nigeria
PhD
Dean of the Faculty



Tajuddeen Sa'ad
Nigeria
PhD
Head of Department



G. Hussein Rasool
Mauritius
PhD
Health Psychology



Francesca Bocca
Italy
PhD
Child Psychology



Fatime Kinneh Jagne
Gambia
PhD
Social Psychology



Usman Mughni
USA
MA
Family Dynamics



Bela Khan
Pakistan
MA Philosophy
Positive Psychology



Farah Islam
Canada
PhD
Psychology of Adolescence



Kashmala Qasim
Canada
PhD Candidate
Psych Testing & Assessment



Hooman Keshavarzi
Canada
MA
Islamic Counseling



Zarina Hassem
South Africa
MA
Psychology of Adolescence



Hannah Morris
UK
PhD Candidate
Models & Approaches to Disability



Saba Sajjad
Pakistan
MA
Research Methodology & Statistics

ACCREDITATION



MINISTRY OF HIGHER EDUCATION,
RESEARCH, SCIENCE AND TECHNOLOGY,
THE GAMBIA

The Ministry of Higher Education has granted a license to operate an online university in The Gambia to the International Open University (IOU) in 2014.



NATIONAL ACCREDITATION AND
QUALITY ASSURANCE AUTHORITY,
THE GAMBIA

The National Accreditation and Quality Assurance Authority (NAQAA) has granted the International Open University (IOU) institutional accreditation in 2019.

ENROLLMENT

IOU is an affordable institution that only charges an administration fee per semester. Audio and video of lectures and reading materials are available free of charge, along with live tutorials for select subjects. Students can study anytime of the day and anywhere they prefer, like online at home on their computer or offline on their tablet riding the bus.

| | Part-time | Full-time |
|---------------|--------------------|---------------------|
| Undergraduate | US\$ 80 to 280 | US\$ 120 to 450 |
| Masters | US\$ 225 to 570 | US\$ 330 to 830 |
| Commitment | 9 to 12 hours/week | 18 to 24 hours/week |

Note: The fees above are based on a student's country of residence and are subject to change without notice.

Enrollment for the Spring and Fall semesters begin in March and September. Students can enroll before the semester begins to get early access to its study materials. Each six-month semester ends with comprehensive, externally-supervised examinations in IOU approved exam centers around the world.

CONTACT

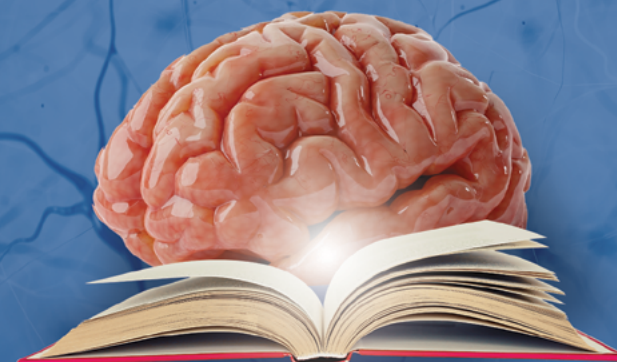
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INTERNATIONAL
OPEN UNIVERSITY

DEPARTMENT OF PSYCHOLOGY

AFFORDABLE | ANYTIME | ANYWHERE



"And indeed We have created
humankind and know what their
nafs (soul) whispers to them ..."

Surah al-Qamar (50):16

WWW.IOU.EDU.GM

Changing the Nation through Education

PSYCHOLOGY

Psychology is a contemporary field of study that should be of significant interest to Muslims. With mental health issues being on the rise worldwide, it is essential for people to be helped from a psychological perspective compatible with their faith. This is the main goal of Islamic Psychology. Students will experience the essence of what it means to be human, why we were created, and what helps us to attain balance through healthy thoughts and behaviors.

PROGRAMS

- **Certificate in Psychology (CPSY)**
One year | Two semesters | 12 Courses
- **Associate Degree in Psychology (APSY)**
Two years | Four semesters | 24 Courses
- **Bachelor Degree in Psychology (BSc PSY)**
Four years | Eight semesters | 40 Courses and Thesis
- **Masters in Psychology & Islamic Counseling (MSc PIC)**
Two years | Four semesters | 6 Courses and Thesis

The minimum requirement for undergraduate programs is a high school diploma. Certificates, associates, and bachelors may be completed in a max of 3, 6 and 9 years respectively.

WHY STUDY AT IOU

- **Online** eLearning
- **Affordable** Fees
- Study **Anytime**
- Learn **Anywhere**
- **Accredited** Degrees
- **Islamized** Education



OPEN EDUCATION PROGRAM

Students who do not possess a high school diploma, or choose not to take exams or write assignments, can opt for the Audit Course of bachelor and master degree programs. A certificate of attendance is issued on successful completion.

YEAR 1 SEMESTER 1

- Child Psychology (PCPS 101)
- English Language Studies (ENES 101)
- Islamic Psychology (PIP 101)
- Islamic Studies 1: Intro to Islam (ISGS 101)
- Lifespan Developmental Psychology (PLDP 101)
- Perspectives on Psychology (PPOP 101)

YEAR 1 SEMESTER 2

- Etiquette of Seeking Knowledge (IESK 102)
- History & Philosophy of Islamic Psychology (PHIP 102)
- Introduction to Computers (TITC 102)
- Islamic Studies 2: Intro to Seerah & Hadeeth (ISGS 102)
- Psychology of Adolescence (PPOA 102)
- Psychology of Personality (PPOP 102)
- Subject Teaching Methodologies & Literacies (ESTM 102)

YEAR 2 SEMESTER 3

- Abnormal Psychology (PAPS 201)
- Health Psychology (PHPS 201)
- Islamic Psychotherapy & Counselling 1 (PIPC 201)
- Psychology of Human Communication (PPHC 201)
- Social Psychology & Human Relations (PSHR 201)

YEAR 2 SEMESTER 4

- Biological Bases of Behaviour (PBBB 202)
- Cognitive Psychology (PCPS 202)
- Positive Psychology (PPPS 202)
- Research Methodology and Statistics (PRMS 202)
- Stress and Coping (PSAC 202)

YEAR 3 SEMESTER 5

- BSc Psychology Research Proposal (PTPP 301)
- Islamic Studies 3: Intro to Fiqh (ISGS 201)
- Models & Approaches to Disability (PMAD 301)
- Psychological Testing and Assessment (PPTA 301)
- Psychology of Addictive Behaviours (PPAB 301)

YEAR 3 SEMESTER 6

- Client-Centred Therapy (PCCT 302)
- Cognitive Behavioural Approaches to Mood Disorders (EGCN 302)
- Family Dynamics and Therapy (PFDT 302)
- Islamic Psychotherapy & Counselling 2 (PIPC 302)
- Psychology of Emotions (PPOE 302)

YEAR 4 SEMESTER 7

- Clinical Placement (PCPL 401)
- Guidance and Counselling (EDU 401)
- Islamic Studies 4: Caliphate & Other Religions (ISGS 202)
- Psychology of Education (EPOE 401)

YEAR 4 SEMESTER 8

- Bachelor's of Science in Psychology Thesis (PTPR 402)
- Professional Development (EPDE 402)
- Understanding Sexual and Reproductive Health (PUSH 402)
- Work and Organisational Psychology (PWOP 402)

ABOUT IOU



Launched in 2007 by Dr. Abu Ameenah Bilal Philips, the International Open University (IOU), previously known as the Islamic Online University, is committed to spreading beneficial knowledge across the globe. For over a decade since its inception, the university has evolved from providing free certificate and diploma level courses to offering affordable and accredited BA and MA degrees in various fields of study. IOU has a student body made up of over 450 thousand students from over 200 countries.

MISSION



The International Open University (IOU) aims to grant global access to quality undergraduate, graduate and postgraduate level Islamic and Islamized educational programs for students at virtually no cost. Its mission is to be a catalyst for change in the global Muslim nation in order to facilitate their contribution to the progress of human civilization.

FOUNDER



"Seeking authentic knowledge of the True Religion in order to practice and teach it should be our goal."

Dr. Abu Ameenah Bilal Philips is a Jamaican - Canadian Islamic scholar who converted to Islam in the early 70s. He completed a BA in Islamic studies in Madeenah, MA in Islamic Theology in Riyadh, and PhD in Islamic Theology in the University of Wales, UK.

Dr. Bilal Philips has written, translated and commented on over 50 books on various Islamic topics. He has also edited and published The Eemaan Reading Series for use by children in international Islamic schools.

He has taught Islamic Studies and Arabic in different schools and universities and has presented Islamic programs on the several global Islamic TV channels. His many achievements have made him listed in the Jordanian publication "The 500 Most Influential Muslims."